

INSPIRING LEADERSHIP CONVERSATIONS

PERSPECTIVE



INNOVATIVE
CONNECTIONS

THE POWER OF CONVERSATIONS

The journey you are about to embark upon will **illuminate the power of conversations**.

Consider the conversations in your meeting rooms, at your kitchen table, on your neighborhood walk or at your favorite coffee shop. These rich conversations are generated by different perspectives, curiosity, and questions that matter. They become our catalyst for sharing our collective personal experiences that shape our future while supporting our human nature to stay in relationship with one another.

This trust activity ignites meaningful conversations. Capture the richness of sharing perspectives and insights as you explore these conversations inside your organizations and throughout your community. Challenge yourself to use these conversations to propel your growth as an individual, leader, and/or leadership team.

Rules for these conversations? There are none. This concept is built on the assumption that people are naturally creative, resourceful, and whole. The answers are within each of us.

This activity is intended to widen your lens with additional perspective. As you talk with others or think about your experiences, capture your thoughts and reflections in the

space provided. Feel free to circle, highlight, or underline anything you are curious about or those words which resonate with you.

Next, find a partner, teammate, colleague, family member, friend, or leader to share your thoughts with and discuss your key takeaways. If possible, move the conversations to small groups/teams and then on to larger groups/teams. The format provides a consistent process for expanding your conversations and capturing what is on everyone's mind.

Enjoy!

As you engage in your conversations, please remember to:

- Listen deeply.
- Speak from your voice.
- Take a risk.
- Put it out there.
- Encourage contributions.
- Connect diverse perspectives.
- Listen together for patterns and insights.
- Capture the conversation with words, illustrations, symbols, or any other device possible.





PERSPECTIVE

Perspective is about how we see the world as well as people and situations within it. Our perspectives determine how we view everyday situations in our lives. They are formed from our experiences, culture, and our learned beliefs, and are engrained in us from a young age. The way we perceive our past experiences and the knowledge we glean them can have a vast impact on how we react to current situations without us even realizing it. Intrinsicly, our brains remember the most important happenings in our lives—whether happy, sad, or even stressful—and then draws from those memories when similar situations arise.

It is our innate ability to evaluate our perspectives that allows us to look at the world through an optimistic lens, which helps us to recover from terrible losses and difficult situations, to be grateful in the moment whether good or bad, to develop and deepen our relationships by relating to others with empathy and compassion, to understand and develop our own self-worth, and to generate willpower and persistence in pursuing goals despite setbacks.

Perspective is also one of the most powerful tools through which we relate to and build relationships with others. While our brains are naturally tuned to dwell on negative memories it is extremely beneficial and, in fact, completely under our control to retrain our brains and change our perspectives. We can perceive situations in any way we choose. For example, if someone treats us poorly, we can perceive that they don't like us, or we can consider that maybe they're just having a bad day.

“What we see depends mainly on what we look for.”

~ John Lubbock

Intentionally focusing on the positive allows us to see the good in situations, have expectations for positive outcomes, and develop trust and faith in people. Thus, we set ourselves up for greater success and happier lives.

REFLECT

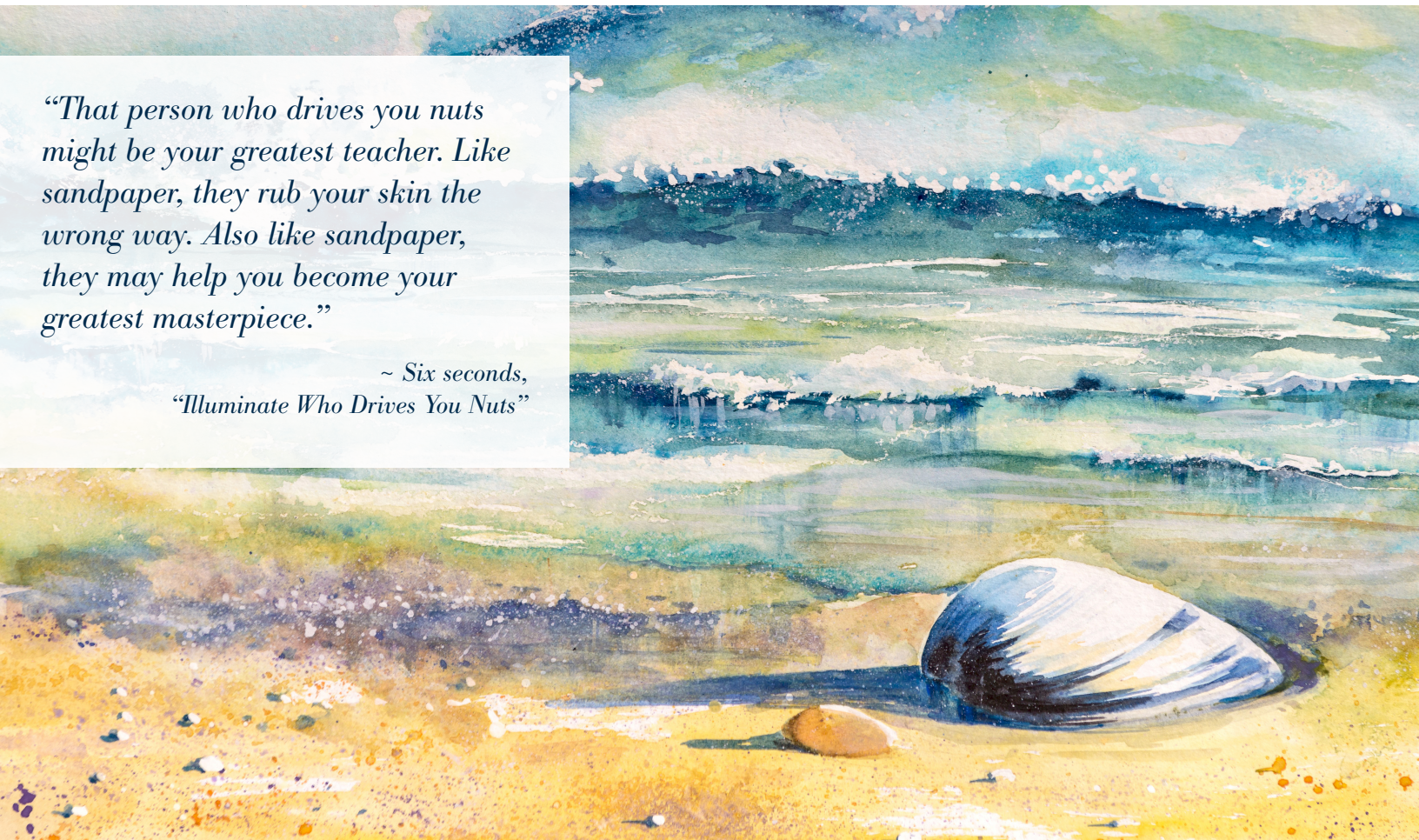
Take a few moments and consider what the world looks like from your point of view today.

While evaluating our perspectives and focusing on the positive may sound simple, it can be easier said than done. Years of experiences have led us to believe certain viewpoints and when challenged, it can be difficult to open ourselves to different perspectives.

However, it's important to remember that our perspectives are completely under our personal control, and the trick is to learn to manage them. While we can't control what experiences and situations life throws at us, we *can* control how we view and react to these experiences. Managing and changing perspectives involves a combination of self-awareness, critical thinking, empathy, and openness to new views.

“That person who drives you nuts might be your greatest teacher. Like sandpaper, they rub your skin the wrong way. Also like sandpaper, they may help you become your greatest masterpiece.”

*~ Six seconds,
“Illuminate Who Drives You Nuts”*



Consider the following strategies to help you manage and change your perspectives:

Self-reflect: Evaluate your thoughts, beliefs, and attitudes. Why you hold certain perspectives? Are they serving you well?

Seek diverse perspectives: Engage with people from different backgrounds, cultures, and viewpoints. Listen actively to their experiences and opinions, and try to understand where they are coming from.


Challenge your assumptions: Question your assumptions and biases. Consider alternative viewpoints and evidence that may contradict your beliefs.

Educate yourself: Read books, watch documentaries, or attend lectures on topics outside of your comfort zone. This can help you see things from different angles.

Be open to change: Recognize that perspectives can evolve over time as you gain new experiences and information. Be open to changing your mind and adjusting your perspectives accordingly.

Set goals for growth: Set specific goals for expanding your perspectives, such as reading a certain number of books on a new topic or engaging in conversations with people who hold different views. Track your progress and celebrate your achievements.

Incorporating these strategies into your daily life, can help you become more adept at managing and adjusting your perspectives in a thoughtful, positive, and growth-oriented manner.



*“Some see a weed,
Some see a wish.”*

~ Unattributed

REFLECTIVE QUESTIONS FOR DEEPER CONVERSATIONS:

Where have your perspectives shifted or evolved over time?

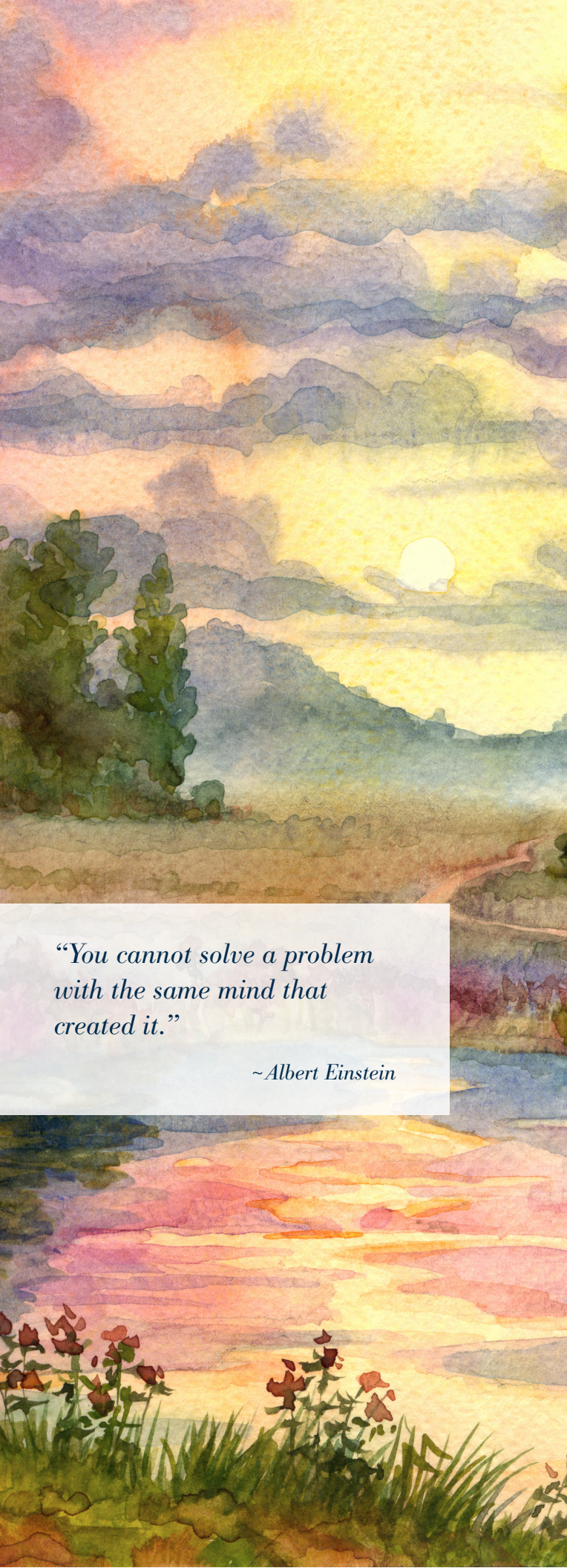
What factors contributed to these changes, and what can you learn from them?

What challenges are you currently facing?



“The possibilities are numerous once we decide to act and not react.”

~ George Bernard Shaw



*“You cannot solve a problem
with the same mind that
created it.”*

~Albert Einstein

What dynamics are under your control?
What is out of your control?

What new perspectives/possibilities exist?

If it is true that we can identify our priorities
by looking at our credit card statements, our
personal schedules and contact lists... what
are your priorities?

Are you spending your personal resources in
meaningful ways? What are you noticing?

What insights are you having about yourself,
your organization, your team?

What do you think you should be paying attention to now?

What's one concrete step we can take towards perspective (e.g. our team, organization, ourselves)?

TAKEAWAYS

What new insights did you get from having your conversations?

What is one takeaway you want to remember from your conversations?



*“You must look within
for value, but must look
beyond for perspective.”*

~ Denis Waitley

NOW IS THE TIME TO MAKE YOUR MOVE

If you are experiencing difficulty achieving strategic outcomes, disharmony or fear among employees, poor team dynamics, trouble recruiting the right talent, or other team or organizational issues, we will help you unleash new possibilities and potential that result in sustainable change.

Through our processes and programs, you will find your voice, see your vision, and imagine what the right action for the future could be for you, your team, and your organization.

You will realize profound, sustainable transformation—both individually and organizationally—that starts now, and remains for years to come.



REQUEST AN OBLIGATION-FREE CONSULT TODAY!

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